

Oodles of Art Recipes

Dino Egg

Have balloon blown up. Mix:

6 cups Plaster

3 ½ cups Water

Pour into a 2-liter bottle. Put balloon over top and tip whole thing over letting plaster pour into balloon. Put in cold water (small pool or big tub). Turn slowly to coat inside of the balloon.

You may need to add ice to the water if day is hot. You will feel heat through the balloon. If there is little or no humidity, you may have trouble because the air sucks the moisture out of the plaster mixture. You may choose to do it another day.

When finished, use a pin to prick the balloon.

Ice Cream in a Bag

1 cup Milk (low-fat works well)

2 tbsp Sugar

½ tsp Vanilla

1 pint Zip Lock Bag

1 gal Zip Lock Bag

Crushed Ice

Rock Salt (2-3 tbsp)

Fill gallon bag ¼ full with crushed ice. Add 2-3 tbsp rock salt. Shake together

Put vanilla, sugar and milk in the pint bag and mix. Place the pint bag in the gallon bag. Shake gently until it becomes firm.

Wave and Color Bottle

1 Lg Plastic Empty Clean Soda Bottle

Water

Food Coloring

Colored Mineral Oil

Rubbing Alcohol

Fill bottle 1/3 full of water. Add and mix in food coloring. Add another 1/3 bottle of oil. Add 3 ounces of alcohol.

Seal very tightly. Wash the outside with soapy water and rinse thoroughly. Dry very well.

For safety, tape around the cap of the bottle.

Storm in a Bottle

Empty Water Bottle with Lid

Dawn Dish Soap

Teaspoon Measure

Bowl for Soap

Water

Blue Water Color

Silver Water Color

Fill water bottle to neck with water. Add 1 tsp of dish soap to bottle of water. Add a few drops of the blue watercolor to the bottle. Add silver watercolor to the bottle. (You will need to add more silver color than blue.). Put the lid on tight and shake well. Look at the storm inside.

Soap Modeling

2 cups Ivory Soap Fakes (Ivory Snow will work)

Add enough water to moisten and whip until it is the consistency to mold. The mix will have a slightly flaky appearance when ready for molding. You can add coloring.

Gift Idea Variation: Child-Made Individual Soap Balls—Mix 1/3-cup soap with about 1 tsp water (depends on weather) and a few drops of food coloring in a small bowl. Have child mix at first with spoon then with hands. Form. Makes 2 balls. Dry.

Soap and Sawdust

1 cup Whipped Soap
1 cup Sawdust

Mix together well. Gives different feel and texture.

Baker's Clay

1 cup Salt
1 1/2 to 2 cups Warm Water
4 cups Flour

Mix salt and warm water. Add flour and knead for 5 to 10 minutes. Dough should be stiff yet very smooth. Roll out and cut into desired shapes. Bake at 275 – 300 degrees for 1/2 hour per 1/4 in. thickness. Protect from browning with foil. Varnish or paint.

Cornstarch Goop

Combine cornstarch and water to desired consistency. Amount and proportions vary depending on use and weather. Can add food coloring if desired.

Clean Mud

6 rolls Toilet Paper
Water
2 sm. Bars Ivory Soap—grated

Unroll paper into a large container. Add water until paper is all wet. Be generous. Add grated soap. Mix. Lasts for weeks.

Gelatin Fun – Bev Bos

1/3 cup Cold Water
1 envelope Knox Gelatin
Spray container with Pam

Soften the gelatin in the cold water. Heat it until clear. Pour into molds. You can add coloring or allow children to mix colors by adding with pipette stuck into molded gelatin. Can be reheated and remolded.

For larger recipe: 12 cups Water and 3/4 cup gelatin (16 envelope). Store in refrigerator.

For class use: 24 cups Cold Water and 32 envelopes gelatin (1 box). Store in refrigerator.

Squeeze Dough

Equal parts of Flour, Salt and Water.

Food Coloring or Tempera.

Mix together and either put into plastic bottles with spout tops to squeeze onto heavy paper or paper plates or use like finger paint on heavy paper.

Class size: 2 cups Flour, Salt, and Water.

Rainbow Stew

3 cups Cornstarch

1 cup Sugar

12 cups Water

Mix sugar and cornstarch in a very large saucepan. Add water slowly until dissolved. Cook over medium high heat until thick, stirring constantly. This takes 10—15 minutes. Cool slightly.

Put some of the mixture in a gallon zip lock bag while still warm. The bag should only loosely filled. Add a spoonful of 2-3 liquid watercolors in different places on top of the cooked mixture. Seal bag, getting as much air out of it as possible.

This may be mixed by putting on the floor and walking on it or kneading by hand.

This recipe is class size. It makes a lot. After the fun of mixing, this makes a great sticky finger-paint.

Face Painting

Home Recipe:

1 tbsp Corn Starch

½ tbsp Cold Cream

½ tbsp Water

Add water until mixture is a blended, smooth consistency.

Classroom Recipe:

1 box Corn Starch

2 (80z) containers Cold Cream

¼ cup Water (enough to make it smooth)

Same directions.

Epsom Salt Art

¼ cup Hot Water

4 tbsp Epsom Salt

Food Coloring (Optional)

Mix together. Brush on paper. When dry leaves crystals.

Bev Bos' Bubble Mixture

1 gal Water

2/3-cup Dawn Dish Washing Detergent

2 tbsp Glycerin

Best when mixed 1-12 hours before use or day ahead.

Homemade Paper

2 cups Linter (Available in shredded or sheet form from NASCO, Triart, etc.)
1 gal Warm Water

Add Shredded, recycled materials (dryer lint, newspaper, junk mail, etc.) for texture.

Soak 30 minutes. Blend small amount at a time (about 3 ½ cups) in blender. Pour through screening over dishpan. Spread with hand to desired thickness. Dry.

If adding dried flowers, leaves, etc., place them on screening before pouring mixture. Spread mixture carefully.

Flubber Recipe

In Container #1:

4 cups Warm Water
4 cups Elmer's Glue

Mix together and add food coloring (optional)

In container #2:

1 tsp Borax
1 cup Warm Water

Dissolve Borax in water.

Pour Borax solution into glue solution. Mix until all liquid is absorbed. Store in plastic bag.

Cooked Cornstarch Dough

Combine:

2 cups Baking Soda
1 cup Cornstarch
1 ½ cups Water

Heat to boiling, stirring constantly. Allow to cool.

Softer Cornstarch Recipe

Combine:

2 parts Salt
1 part Cornstarch
1 part Water

Cook over low heat. Add coloring (optional). Allow to cool.

Cooked Play-dough

In an electric fry pan or large skillet, mix together:

4 cups Flour
1 cup Salt
6 tbsp Cream of Tartar

Add:

6 tbsp Oil
3 ½ cups Water with Food Color added

Cook and stir until thickened and remove from pan. Knead and cool on countertop. Dough will be softer if it isn't overcooked. Store in plastic bag.

Uncooked Play-dough

In a large bowl mix together:

- 4 cups Flour
- 1 cup Salt
- 6 tbsp Cream of Tartar

Add:

- 4 tbsp Oil
- 3 ½ cups Boiling Water

Stir until thickened and remove from bowl. Knead and cool on countertop. Store in plastic bag

Finger Paint

- ¾ cups Cornstarch
- 3 cups Cold Water

Mix until smooth. Add:

- 3 cups boiling water

Bring to boil again. Remove from heat. Add a small amount of dish soap.

Oatmeal Dough

- 2 cups Oatmeal (Regular long Cooking)
- 1 cup Flour
- ½ cup Water

Mix together. Dough is easily manipulated and looks different.

Cooked Clay

- 2 cups Salt
- 2/3 cups Water
- 1 cup Cornstarch
- ½ cup Cold Water

Mix salt and 2/3 cup water in pan. Stir and heat 2-3 minutes. Remove from heat and add cornstarch and ½ cup cold water. Stir until smooth.

Alum Play-dough

Mix together:

- 2 cups Flour
- 1 cup Salt
- 2 tbsp Oil
- 2 tbsp Alum

Add:

- 2 cups Boiling Water and Food coloring

Stir until mixed. Let cool before use.

Coffee Grounds Dough

- 2 cups Used Coffee Grounds
- 1 ½ cup Oatmeal (regular Long Cooking)
- ½ Cup Salt

Mix together. Add enough water to moisten. Nice texture.

Uncooked Play-dough

Mix:

8 cups Flour
1 ½ cups Salt

Gradually add:

1 tbsp Oil
3 cups Water
Coloring (Tempera or Food Coloring)

Stir in liquid and knead until thoroughly mixed

Cloud Dough

3 cups Flour
½ cup Oil

Add enough water to make dough soft and pliable. This dough is very soft and elastic. Good for cutting with scissors.

Peanut Butter Dough

1 cup Peanut Butter
1 cup Karo Syrup
1 ¼ cup Powdered Milk
1 ¼ cup Powdered Sugar

Mix together. Makes enough for about 5 children.

Kool-Aid Play-dough

1 cup Flour
¼ cup Salt
2 tbsp Cream of Tarter
1 envelope Kool-aid unsweetened Soft Drink Mix (any flavor)
1 cup Water
1 tbsp Vegetable Oil

In saucepan, mix flour, salt, cream of tartar and soft drink mix. Stir in water and oil. Stir over medium heat 3-5 minutes until mixture forms a ball in center of pan.

Remove to floured surface and knead 1 minute. Store in plastic bag or airtight container in refrigerator.

Shimmery Liquid Watercolor Bottles Ideas

1. Start with any clear recyclable bottle.

¾ cup Water

¼ cup Karo Syrup

A sliver of gold or silver liquid watercolor.

Optional: Sparkly glitter or plastic beads etc. A sliver of another liquid watercolor in addition to gold or silver.

Substitute: Baby oil for karo syrup. Vegetable oil for karo syrup.

Variation:

½ Water

½ oil

Use the “paint cups in a base” with “eye droppers” to drop in the liquid watercolors.

2. For a Lava Lamp affect use only mineral oil with:

a. A sliver of gold or silver or white liquid. Watercolor and/or another color.

b. Googly eyes.

Paper Plate Fish

Day One

Paper Plate

Liquid watercolors in paint cups

One watercolor brush for each paint cup

Child paints paper plate—covers it entirely with variety of watercolors. Hang from clothesline to dry

Day Two

Bowls of glue diluted with water

Glue brushes (silver metal handle)

Pieces of foil, cellophane, ribbon, shiny confetti, sequins and spangles

Cardboard trays lined with foil

Elmer’s glue in bottle

Wiggly eyes

Cut pie-shaped triangle from one side of paper plate (making fish’s mouth). Staple this triangle on other side of paper plate opposite the mouth (making fish’s tail).

Place fish in cardboard tray providing a work are for each child Using thinned glue, child adheres pieces of foil, cellophane, ribbons, and glittery shiny stuff to paper plate fish. Don’t forget to glue on one wiggly fish eye.

Hang from clothesline or place on drying shelves.

Coloring Books

By D. G. Cannon

“ A child once conditioned to coloring books will have difficulties in enjoying the freedom of creating. The dependency, which the coloring book creates, is devastating. It has been revealed by experimentation and research that more than half of all children, once exposed to coloring books, lose their creativeness and their independence of expression and become rigid and dependent.” – Dr. Viktor Lowenfeld

“ But Coloring books are so easy to obtain”

Yes, this is one reason why they have had such devastating effect upon children and their art in this country.

“But he is learning the discipline of staying within the lines...”

It has been proven by research that this is not true at all. More children color beyond the given boundaries in coloring books than in objects they draw themselves.

Let's See the Child's Side...

When the child draws his own dog, his feelings of love, friendship, dislike, or fear give him an opportunity to express his relationship to the dog. He is proud of this dog and will rush to tell all the things it brings to mind or will have the deep satisfaction of feeling these things, even if he is too shy to share them.

Filling in others' outlines is a lazy way, but he enjoys it. As he colors he realizes that he could never draw a dog as well as this. Next time, in school or at home, when he is asked to draw a dog he says, “ I can't draw”.

“But my children love coloring books...”

True, most children prefer candy to vegetables, too. Do we adjust their diet to their tastes? Children, once conditioned to overprotection, love it too. They become so dependent that they do not know what to do with freedom. There are those who cry out in a midst of plenty, and there are the creative children who enjoy a scrap of wood that can be an imaginative toy of any size or shape.

TO HELP CHILDREN BECOME RESOURCEFUL, NOT DEPENDENT, IS OUR GOAL!

Did you realize...??

It has been proven beyond a doubt that the coloring book tends to make the child inflexible in that he follows exactly without asking for meaning. He tends to make the child dependent in his thinking and leaves no freedom to be creative.

Did you further realize...??

Coloring books do not provide for emotional relief and that they give no opportunity to express experiences?

They do not promote skills and discipline? Remember, the child's urge toward perfection grows out of his expression.

Coloring books condition the child toward adult concepts which he cannot produce and thus frustrates his creativeness.

PLEASE...

Have confidence in the child's ability to express his ideas. Help him react sensitively toward what he sees, hears, feels and touches.

Help him to develop the desire to communicate with others.

IN SHORT...

Coloring books....

- Are drawn by adults
- Are not the work of children
- Promote reliance on the efforts of others
- Promote the idea in the child
- Establish stereotypic solutions which are difficult to overcome
- Inhibit creativity
- Present concepts that are foreign to the child
- Regiment the child into one type represent
- Result in loss of sensitivity
- Negate the idea of individual expression
- Allow no opportunity to express emotions
- Offer no opportunity to express anxieties
- Leave no room for individual differences
- Promote lazy habits
- Foster lazy habits
- Foster regressive tendencies
- Promote the “ I can’t draw” attitude.